

Back pain



1. What symptoms should I watch for that would cause you to advise me to recontact your office?

Don't leave the office until all your questions have been answered by your Medical Practitioner and you feel clear about how to care for yourself.

2. Is there anything I need to be aware of if I take over-the-counter or prescription medicines?

- Please be sure you fully understand how you are meant to take the suggested medicines and ask your Practitioners any questions beforehand. You are not bothering them; your safety is their priority.

3. If surgery is a potential treatment for my back pain, what are the risks associated with it?
Are there non-surgical alternatives?

4. How long do you believe it will take before I am back to normal activity? How long do you believe this flare up will last?